



## LUNCH MENU

### Build Your Own Charcuterie Board

Inquire with your server about today's selection

#### Lusso Con Niente- Bruschetta

Pomodorina   fresh cherry tomato, basil, olive oil, balsamic	\$9
Capresina   mozzarella, fresh cherry tomato, basil	\$12
Carpaccio   beef, arugula, parmesan, black truffle	\$12
Alta Marea   crab, shrimp, lobster, tomato, olive oil, balsamic	\$14
Bassa Marea   mussels, clams, tomato, cannellini beans	\$11
Campagnola   grill eggplant, zucchini, peppers, caramelized onion, greek yogurt	\$9

#### Fritto- Fried

Zucchini frittelle	\$12
Ricotta, sausage, leek frittelle	\$12
Calamari, broccoletti, provola, bell peppers, ratatouille aioli	\$15

#### Panini- Sandwiches

Marea BLT- crab, shrimps, lobster salad, tomato, bacon, lettuce	\$18
Polletto- roast chicken, fontina cheese, grilled green apple, caramelized onion	\$15
Italian Job- prosciutto, soppressata, mortadella, caciocavallo, lettuce, tomato, pepperoncini	\$16
Ham & Cheese- Italian ham, parmesan, fontina, fior di latte	\$14
Caprese- sliced tomato, fior di latte mozzarella, basil, balsamic dressing	\$15

#### Zuppa e Insaltoni - Soup & Salad Bowls      add to any salad – chicken breast: \$6 | shrimp: \$8

Minestrone Soup   6oz - \$6    12oz - \$9	
Beet Salad   red beets, green apple, dry aged goat cheese, balsamic, apricot, candied hazelnuts	\$12
Kale Caesar   cherry tomato, pecorino cheese, poach egg, focaccia croûton, roast chicken	\$16
Greca   shrimp, tomato, green peppers, red onion, cucumber, black olive, feta cheese, lemon-oregano dressing	\$18
Mixed Greens   arugula, kale, romaine, green onion, green tomato, green peppers, vinaigrette	\$12
Rughetta   bresola carpaccio, arugula, cherry tomato, parmesan, candied bacon, black truffle dressing	\$16
Grain & Legume   farro, quinoa, chickpeas, cannellini beans, currants, feta, hazelnuts, spring onion, lemon thyme vinaigrette	\$14

# Everything you see I owe to spaghetti. -Sophia Loren

## Il Grano- Grain

Step 1: Choose the type of pasta Step 2: Choose the type of sauce

### Pasta-

\$9

Tortellini- "navel shaped" cheese stuffed pasta

Torchioni- the word means torch and it is curly-looking

Pennette- smaller diameter than penne

Pappardelle- similar to tagliatelle but with a higher thickness

Spaghettini- same length of spaghetti but with a smaller diameter

Cavatelli- lengthened shape and a groove on the inside

### Pasta condiments-

\$9

My Country Bolognese | beef, pork, mushroom, tomato, herbs

Maialina Bianca | pork sausage, leeks, mascarpone cream

Boscaiola | mushrooms, ham, green peas, pancetta, tomato, cream

Quattro Formaggi | gorgonzola, fontina, parmigiana, mascarpone, pistachio

Polletto | grill chicken, green peas, parmesan cream

Primavera | eggplant, zucchini, mushrooms, tomato, peppers, broccolini

## Roman-Style Pizza

80% hydration Rectangle Pan Pizza baked in a brick oven available in 3 sizes

5"x 9" serves 1      10"x 9" serves 2-3      20"x 9" serves 4-5

### Rossa- with tomato sauce

5"x 9" \$10      10"x 9" \$19      20"x 9" \$37

B.B. King | pizza rossa, tomato passata, olive oil, salt

Margherita | tomato, mozzarella, fresh basil

Calabrese | spicy salami, tomato, mozzarella, chilis, onion

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5"x 9" \$12      10"x 9" \$23      20"x 9" \$45

Melanzana | eggplant, tomato, burrata, taggiasca olives

Lombarda | sausage, leeks, mozzarella, tomato, fried egg

Giardinera | mozzarella, tomato, assorted vegetables

Cotto | Italian ham, tomato, parmesan, mozzarella, peas

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5"x 9" \$13      10"x 9" \$25      20"x 9" \$49

Crudo | tomato, prosciutto crudo, ricotta, artichoke

Polpo | octopus, mozzarella, tomato, celery, chili oil

Cozze | Mussels, mozzarella, tomato, sausage, parmesan

### Bianca- without tomato sauce

5"x 9" \$10      10"x 9" \$19      20"x 9" \$37

Focaccine Bianca | olive oil, rosemary, salt

Cacio e Pepe | pecorino, mozzarella, black pepper

Calvofiore | cauliflower, kale, caciocavallo cheese

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5"x 9" \$12      10"x 9" \$23      20"x 9" \$45

Zucca | butternut squash, ricotta, sage, honey

Pannocchi | sweet corn, shishito, buffalo mozzarella

Bolzano | speck, apple, gorgonzola dolce

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5"x 9" \$13      10"x 9" \$25      20"x 9" \$49

Parma | prosciutto, mozzarella, parmesan, balsamic

Valdostana | fontina, bacon, egg yolk, black truffle

Moza | bufala, fior di latte, burrata, arugula

Zucchine | zucchini & flowers, burrata, mint